



## Editors Column

Thanks once again to the many contributors to the sailing club's newsletter.

There are a great deal of special events the club is putting on through the summer and I hope we have covered most of them here.

More details of events can be found on the club website which is regularly updated.

If anyone has anything for inclusion in the next edition please email us at [calshottimes@aol.com](mailto:calshottimes@aol.com)

## Headlines

### Calshot Sailor 9th in Class at Irish Topper Nationals



### Calshot Sailors Take 4<sup>th</sup> & 6<sup>th</sup> at ISO Nationals



### Adult Race Training 31<sup>st</sup> July & 15<sup>th</sup> August



### Red Arrows & Fireworks Booked for Last Friday Club on Aug 6<sup>th</sup>



## Coming Soon

**Adult race Training 31<sup>st</sup> of July**

**Red Arrows & Cowes Fireworks  
6<sup>th</sup> August**

**Lymmington long distance race  
7<sup>th</sup> August**

**Family/Camping Weekend 26<sup>th</sup>-  
30<sup>th</sup> August**



## News

### Calshot Sailor 9th in Class at Irish Topper Nationals

Carlingford Lough Yacht Club made a bit of history last weekend when it hosted the Expert Report Ltd sponsored Irish Topper Nationals. The event attracted 75 boats from all over Ireland and England including the British National Squad with their famous coach Dave Cockerill.

Congratulations to GBR squad member Danielle Thomas who came 9<sup>th</sup> in her class.

### Calshot Sailors Take 4<sup>th</sup> & 6<sup>th</sup> at ISO Nationals

Five Calshot ISO sailors Dave Poupard, Rachel Hughes, Colin Snook, Alison Revitt and Aiden Heathfield took part in the recent. Dave & Rachel came forth with Colin & Allison chasing them in 6<sup>th</sup>, Dave's report of the event can be found later in this newsletter.

### Calshot Lads departing for RS Feva World Championships in Carnac



Ben and Tom Oliver depart tomorrow (Wednesday 21st) to take part in the RS FEVA World Championships at Carnac, Southern Brittany - starting next Saturday.

We have not seen them at the club much recently as they are fully committed to the Feva Circuit. Unfortunately due to injury they were not able to sail together in the Nationals a few weeks ago however Ben is now repaired and raring to go.

The club wishes them all the best of luck - perhaps they will report on their campaign in the next newsletter.

### Red Arrows & Fireworks Booked for Last Friday Club on Aug 6<sup>th</sup>

We are pleased to announce that the final Friday Club of this year will feature the Red Arrows and a Firework Display. (No really, honest!!)

The time table for the evening is as follows:

**6:00 pm Friday club start**

**7:00 pm Air Display**

**8:30 pm Friday Club Finishes**

**9:30-10:00 pm Fireworks**

We expect Calshot Beach to be packed full on the 6<sup>th</sup> so please come early and be prepared to be delayed leaving. We will be lighting the BBQ for all members who want to come along and enjoy the show.

### Sailing Secretary's Initiative.

Many thanks to those who provided some ideas for motivating the membership – if you have any more keep them coming.

We are in the process of implementing 2 ideas:

- Publicising junior achievements – you may have noticed the reports about various juniors sailing at Open Meetings and other events – hopefully this will inspire others to get out and make a name for themselves. We would also be keen to hear from any members taking part in other sailing events – just let us know and we'll post on the web or in the newsletter.
- Mentor/Buddy scheme – this was suggested to help those less confident or experienced to get into racing. I am in the process of putting together the mentors/buddies and hope to get the scheme formally launched in the near future, meanwhile if you wish to help or have any ideas on how it should work then let me know.

There are some other ideas which are being considered – apologies if I haven't responded to you directly – all ideas are appreciated and will be considered.

*Andy Sutton*



## Adult Race Training

**Back by popular demand on Saturday the 31st of July & Saturday 15<sup>th</sup> August.**

Adult race training is aimed at all competent sailors who want to know how to sail better and faster. After rave reviews from members last year Professional Coach Brett Cockayne has been booked again by Calshot Sailing Club.



Brett has a long history in sailing, starting at 5 years old, progressing to the Laser Olympic Trials in 1995 before going on to sail Etchells in world Championship Qualifiers in New York and Auckland and winning the XOD Captains Cup Twice at Cowes.

Brett will work with Adult members throughout the session to identify their strengths and improve their weaknesses and the sessions will be tailored to focus on what members want.

The course will start at 12am on Saturday finishing around 6pm (BBQ will be available afterwards).

The session costs £15 per person (payable to the club) and is open to any member who is at least 16 years old. Although there is no need to book but we would like an idea of numbers and club boats will have to be booked in advance (please let us know via the training section of the website if you can).

**12pm-6pm £15/person**

## August Family/Camping Weekend

Running from Thursday 26<sup>th</sup> of August to Monday 30<sup>th</sup> Open to all members (not just families). Camping is available outside the club and a full programme of activities is planned. As we are still in the process of organising the weekend the itinerary below is liable to change or expand so check back often.

### Thursday 26<sup>th</sup>

12:00 Onwards -those camping can arrive and set up.  
2:00-5:00 Supervised sailing with Powerboat Cover  
7:00 Fish and Chip Supper

### Friday 27<sup>th</sup>

12:00- Junior Coaching & Supervised Sailing  
7:00 take away - Chinese  
8:00 Movie Night

### Saturday 28<sup>th</sup>

9:00 BBQ breakfast  
12:00-3:00 Team Relay Sailing Race  
1:00 Windsor Bell 1 & Small Boat Cup 1  
2:30 Windsor Bell 2 & Small Boat Cup 2  
7:00 BBQ  
8:00 Quiz Night

### Sunday 29<sup>th</sup>

10:00-5:00pm Powerboat Trip to IOW (To be confirmed)  
1:30 Windsor Bell 3 & Small Boat Cup 3  
3:00 Windsor Bell 4 & Small Boat Cup 4

### Monday the 30<sup>th</sup>

10:00 5-A-Side at CAC  
2:00 Windsor Bell 5 & Small Boat Cup 5  
3:30 Windsor Bell 6 & Small Boat Cup 6  
17:00 Pack away and depart

Booking is necessary for the Camping and the Isle of Wight trip. There will be a form up in the sailing club to put your details down or you can email us using the form on the website.

## Introduction to Racing 11<sup>th</sup> September

The club is running an introduction to racing day on Saturday 11<sup>th</sup> September. This is aimed at members who want to get into club racing and will cover all aspects of racing including starting, rules, tactics & yardsticks.

The day will start at 11am and include on and off water sessions.

## Supervised Evening Sailing Sessions

We are running supervised evening sailing sessions on Thursday 19<sup>th</sup> of August and Friday 3<sup>rd</sup> of September.

These are open to all members. A safety boat will provide safety cover from around 6pm until 8:30pm.



## Long Distance Race 7th August

This year's Long Distance Race is on the 7<sup>th</sup> August. The race will be from Calshot to Lymington, stopping for lunch at the Lymington Town Sailing Club and then back to Calshot.



Lymington Town Sailing Club Bar

Due to the nature of the race only boats with PY n°s less than 1060 can enter.

This is always a popular event - we would like to see a bumper turnout this year. If you wish to enter please put your name on the list in the clubhouse or contact [calshottimes@aol.com](mailto:calshottimes@aol.com)

## Small Boat Cup

The small boat cup competition will be run alongside the Windsor Bell Races on the August bank holiday weekend (28<sup>th</sup>-30<sup>th</sup>).

The small boat cup competition is open to all members sailing the following boats:

### Optimist Laser Pico Topper Mirror Byte



## Busiest June Since Records Began at Calshot Sailing Club

June 2010 saw more people taking part in club racing than any June since we started collecting records in 2005! June 2010 saw an average of 15 people per race which is almost double June 2009's average of 8!

## RYA Level 2 Powerboat Course

Congratulations to Alan, Sean & Gillie who successfully completed the recent RYA level 2 powerboat course.

If you are interested in training then course booking is via the training section of the club website.

## RYA Short Range Certificate (VHF)

The next marine VHF course will run at Calshot Sailing Club by Stormforce Coaching on Saturday the 11<sup>th</sup> of September.

The cost will be £50 per person which should be paid to the club in advance.



We are also organising a bulk purchase of Waterproof Handheld VHF radios for £56 a set.

Please email [calshottimes@aol.com](mailto:calshottimes@aol.com) for more information about either of these.



## Reports

### Ovington Boat Day

(Conversational Teenagers and Ecstatic Adults!)

Ovington boats came to Calshot on Sunday 13<sup>th</sup> June to demonstrate some of their boats. As the current maker of the Byte, of which we now have 5 in the club, we were expecting an event building on their high reputation and as you will read were not disappointed!

We had been in discussion with Lizzi at Ovington about what to bring and had decided on a 29er for the teenagers, a B14 (PYA 874) for the adults and a Solution.



Two experienced crew arrived on the day to help demonstrate the 29er. Such is the popularity of this boat that a family had come down from the midlands! Rigging commenced with an explanation of the function and adjustment of each component during the sailing process. Once on the water the 29ers were in action all day. The family for the midlands were convinced of the need for a 29er as were our own teenagers. As I followed a fast and furious conversation from a group of well motivated youngsters. I suspect the sponsors of boat teams, i.e. parents are going to be a little out of pocket.

The adults were not left out, Ovington had organised a B14, a mono-hull with large wings instead of a trapeze. We needed to get the boat through our slip-way gate before we were able to install the second wing! Off it went and I'm not exaggerating when I write that it did seem to get to Cowes in less than 5 minutes, the boat is capable of 20kt.

As the day progressed the wind speed increased and the water conditions got more lumpy

providing a challenge for those determined to try the Solution (65kg wt.).



This is a slightly cut down Phantom dinghy, aimed at single handed sailors seeking a technical boat. Our experienced helms commenced the testing and again came back with ear to ear grins. Whilst a single handed boat, it will well take 2, which we tried with a number of crews.

As you can gather this was a day designed to cater for as wide breadth of the Club as possible. Ovington, represented by Lizzi, set up and helped with boats and events to enthral and assist those considering purchases appreciate the capabilities of the craft under consideration. Our thanks go to her and the crews of the 29ers that came to assist as well as Paul Eltringham of the B14 Association for bringing his boat.

The event would also not have been possible without those Club members who came to support and sail the dinghies on offer, as well as those acting as OODs and manning the safety systems for the day. Thank you all.

The day also demonstrates what is possible when we ask for assistance and work with groups from outside. If you have ideas for external driven events, please let the Committee know and we will work with you to make them possible.

A visual diary of the day is also available on the Club's photographic gallery.

See also the Calshot sailing programme for the Laser boats trial weekends in July.

Eian Massey  
June 2010



## Catamaran & Fast Boat Time Trial Report



Have you ever thought about having a go at racing but been put off by the complexity of the start and worrying about getting in the way of more experienced sailors? Well don't worry anymore as the race committee may have come up with the perfect solution in the form of Time Trial Racing. This was tried for the first time in early July and was aimed primarily at Cats and faster boats but due to its success this could be extended in the future.

The idea was to sail as many single laps of the course as you wanted over a 2 hour period. Times were taken as you crossed the start line and again when you re-crossed the line and the lap times were calculated, you then waited for a gap in the boats and started again when you were ready. The results for the first Time Trial are shown below, and well done to Richard with the fastest time (but he was doing the timing for the other boats so had a chance to see where we were going wrong!). No corrections were made for the different PY numbers but this could always be included in the future.

The course was set with 4 reaches and a short beat to finish to make it as exciting as possible for the Cats. The force 5-6 winds made the course very challenging and much could be won or lost on the quality of the tacking in very bumpy seas. I suffered a capsize when I swung out on the trapeze in front of the boat for the 2nd time, a broken jib cleat and the embarrassment of trying to tack 3 times in a row before giving up and gybing, but I thoroughly enjoyed myself.

Many thanks to Richard and Verity for running the racing and if you like the idea of seeing more of this type of racing please let Richard or Andy

know so they can schedule some similar races next year.

Helm / Crew	Boat	Time
Keith Fisher & Sue Standing	RS200	16:34
Alan Scrase & Sean	Sprint 15	13:00
Alex Shimmell & Emma Cully	Dart 18	10:08
Colin Snook & Alison Revit	ISO	10:04
Chris Watson & Aiden Heathfield	Dart 16	09:40
Gary Milne	Sprint 15 Sp	08:56
Glynn Jones & Allison Jones	Sprint 15	08:41
Uwe Nitsche & Renate Zabel	Dart 16x	08:03
Richard Brooks	Sprint 15 Sp	07:40

*Gary Milne*

## Splicing Workshop report

On Sat 26<sup>th</sup> June our Club held a Splicing Workshop, arranged for after the normal sailing. The workshop was provided by Barry Light and Dave Poupard who showed the assembled sailors the different splices and gave a demonstration of forming the different splice types.

Barry started by showing end/back splices and eye splices for three stranded ropes using the conventional method of the strands and weaving them in and out of opposing strands. We were all given pieces of rope to try out the splicing ourselves.



I have spliced ropes in the past, but my effort here was a mess. The secret seemed to be to start the splice correctly, and then the weaving that follows will be correct.



Dave then showed us splicing using a FID. This method is mostly used on the newer braided ropes.



This method of splicing was new to me. Dave showed us a loop splice using this method, and we were given

an opportunity to try it ourselves. Dave had examples of other types of splice using this method and emphasised how useful they were and how tidy it can make the rope work on a boat. I was really interested in the splicing to join different ropes, or even rope to shock cord. Dave explained that this can allow you to have thin cord up the mast, but spliced to a thicker rope for your hands to grip.

Currently I have a rope loop to raise and lower my centreboard, and the join is always catching in the eyelets. By splicing the rope, I can eliminate this issue (and be faster!!!)

It was a very good session and all those who attended thanked Barry and Dave for their time to demonstrate the different types of splice and methods.

*Colin Page*