



Editors Column

Welcome to the 2nd Calshot Times of 2010. Thanks as always to those who contribute to the newsletter. In particular Steve Heathfield and Colin Page who put a lot of work into this edition.

Please email any items for future newsletters to: calshottimes@aol.com

Coming Soon

Saturday 24th April
Club Work party Day

Friday 7th May
First Friday Club

Saturday 16th May
First Saturday Junior Training

Saturday 6th May
First Cruise of the Year

Sunday 16th May
Club Open Day

May Bank Holiday 29th-31st of May
Camping Weekend and RS Boat trial weekend.

Laser Series Starts on Sunday 26th April

Headlines

Club Work party Saturday 24th April

With a modest aim to repair, replace & refurbish anything & everything that has gone wrong, been broken or worn out over the previous year the Club work party starts at 10 am on Saturday. We are looking for as many volunteers as possible and can find all sorts of work for anyone!

Junior Training Starts Soon

This year we are running several different courses of junior training at different times and on different dates for different abilities.

To take part in the training we would ask that all juniors are registered online. This process has already begun. If your children want to take part and they haven't registered yet please email us ASAP.

First Cruise 8th May

Generally the cruise will take on one of two formats either a single tide cruise starting after a briefing with the cruise lasting 3 to 4 hours, or a double tide Cruise leaving on a falling tide returning on a rising tide approximately 4 to 5 hours later.

The route/destination for each cruise naturally will be dependent on tides and forecast weather conditions on the day.

For more details contact Rear Commodore Karl Boulton

Club Open Day 16th May

The club's open day is on Sunday the 16th of May. This is an opportunity to invite friends, colleagues and relations along to the club to try sailing and see what CSC has to offer.

We are also looking for volunteers help run the day in various roles.

Laser Series Starts – Sunday 26th April

There are 10 races spread over the season. Any Laser is eligible to enter, results scoring for the Laser series and the other series on the same day. So come on Lasers - make a special effort to support this and give everyone some good competition.



News

207 Members Rejoin for 2010

By now all members who are going to rejoin should have rejoined. The club has 81 memberships at this point in the year and 207 members. This is down from 108 memberships (260 people) at the end of last year but is in line with previous years. We usually lose around 20-30 members at the end of each year. We are still chasing up around 20 members who we have not heard from and expect to add a few more to the list in the near future.

Calshot Sailors in National Squads

We are pleased to announce that Calshot Sailing Club sailor Karen Thomas is now sailing in the ITCA (GBR) National Youth Squad (2009/10) her younger sister Danielle has also enjoyed great success and is now a member of the RYA National Junior Squad (2009/10). Both did much of their training at Calshot Sailing Club where Karen teaches at junior training sessions. Karen and Danielle both sail the Topper Dinghy & Calshot have 8 of these boats available to hire to club members.

Car Parking At Calshot

Calshot Sailing Club does not own the car parking land outside the club. Season tickets for parking here are available from Calshot Activities Centre and give a substantial saving for regular club users. For more details contact calshot.ac@hants.gov.uk

New Powerboat Engine

The club recently purchase a new Yamaha 4 stroke engine for one of the ribs. Plans are in place to replace the other engine in 2 years time.



11 Club Members Pass First Aid Course



Congratulations to the following club members who passed the RYA First Aid Course run at the club by Storm force Coaching: Andy Sutton, Georgina Sutton, Danielle Thomas, Kevin Fogarty, Jim Trice, Robyn Smith, Lynne Coupar, Sam Heathfield, Karl Boulton and Alan Boulton.

10 Club members Pass RYA Level 2 Powerboat

Congratulations to the ten club members who passed the RYA Powerboat Courses run recently at the club.

RYA qualifications are known and respected the world over. This two-day RYA Level 2 powerboat course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence. It includes close quarters handling, high speed manoeuvres, man overboard recovery and collision regulations.

The following club members passed the course when it was run in March at the club: Simon Audoire, William Stanley, Geoff Houghton, Liz Kemsley, Ricky Kemsley, Jim Tice, Eian Massey, Steve Heathfield, Kevin Fogarty & Barry Light

Online Course Booking on Club Website

You can now book a place on the next course you want to do on the club website. Instructions are in the training section, names will be put on a list on the website and courses will be organised once there are enough people to make the course viable.



Reviews & Reports

Alexandra Palace RYA Boat Show



The "World's Biggest Dinghy Show" takes place at Alexandra Palace every year. It covers three halls, full of dinghies, all with their sails up, allowing you to quickly see what boats are being displayed. In addition to the stands run by the dinghy associations, there are stands for chandlers, sailing clubs and sailing holidays.



I went up to help on the OK Dinghy stand and meet my friends, but no sooner had I entered the door when I met Karl and Alan Boulton with shopping bags galore. One of the things Karl had bought was socks for inside his wet-suit boots, as I had been complaining about cold feet; I was soon off to buy a pair myself.

I started my stint on the OK Dinghy stand and there was a steady stream of inquiries. But these were interspersed with visits from Calshot members. Richard & Verity Brooks were the first to arrive, closely followed by Rick & Kira Nash, who came to say hallo. I was in deep discussion extolling the virtues of an OK Dinghy, when David Poupard & Rachel tapped me on the shoulder. I had several breaks from the stand during the day, and it seems that each time I was away Eian Massey called to see me on the stand, sadly to find me absent.

There is so much enthusiasm on all the stands at the show, and because they are manned by the

actual class association sailors any debate is made with true belief that this truly is the best boat you could buy. On the OK Dinghy stand a visitor questioned whether the boom was not a little low. He was quickly answered by the Class Chairman with "What height would you like it to be!" I had an image of a boom with a key-hole shape, so that the helm's head would pass under.

The show has lots of demonstrations and competitions, which are very informative, and I could hear the speeches all through the day.

Soon it was 4.30pm and we were told not to dismantle the stands before all visitors had left. However as soon as the bell went at 5.00pm, the stands are being taken apart with great gusto. All around the big posters showing sun, sea and happy sailors all got rolled-up leaving the side of a drab hall to look at. The final ignominy is when even the carpets are taken up.

It is bedlam, as everyone tries to get their boats out of the hall, but the instinct of helping your fellow sailor still prevails. If a boat with outriggers needs to go through a door 4foot wide, but 12foot high, then a mass of people turn it on its side and get it out.

By 7.00pm all our OK Dinghies were back on their trailers and hitched to the back of the cars, and I reflected on another good day at the Dinghy Show.

Colin Page



First Aid Course Report

The first aid training course that was presented on Sunday 28th Feb was the best first aid course that I have attended. Even this was a full-day and the longest one that I have attended it was still worth the effort.

The course was presented by Jim Davies of Storm force Coaching. Jim was a very natural presenter and knew his first aid inside and out. He was very knowledgeable and all types of questions were asked even very simple ones. He made everyone feel comfortable from the start by asking them what their favourite ice cream was (Mine is strawberry).

The content was very practical and relevant to sailing and to everyday life. Theory was also given as to why the body behaves in certain ways which made things make more sense. There was a lot of role playing and using the mannequins which helped reinforce the learning. Even though everybody took the course seriously there was a lot of humour and laughing from all. There were no notes to take, just to listen. One objective of the course was to teach the principles rather than the techniques. Once you understand the principles then it is a matter of applying them in a situation.

The younger members were made to feel equal with the adults and even knew more than them. They tended to ask more questions which made it more interesting.

Everybody passed the course and issued with the RYA first aid course certificate. Everybody was also given a first aid manual which is written in a way that anybody can follow it and reinforces the material from the course.

All of the course material is up to date and even Jim's sister who is a Doctor keeps him informed. A lot of what used to be taught in first aid courses is no longer relevant like trying to find a pulse. So if you thought that you know first aid and have not been on a first aid for a while I would recommend this course.

I would recommend everybody and anybody to do this course both young and old as the skills

learnt here could save a life someday even someone close to us.

Kevin Fogarty

Officer of the Day Training Report

Samuel, Aiden and I turned up on this bright sunny and calm day for the OOD training. MY sons and I all have had some degree of experience with this job but thought a refresher would do us some good.

There were only a few of us but that made it very easy to ask lots of questions of Karl, Andy and Gary and to take our time

We covered all aspects of carrying out the duties of OOD from running the flag sequence to rigging the ribs to using the club computer (old but it does the job!). There were lots of stuff to remember but as it's all written down in the club house, if I forget I know where to find it.

More practice when manoeuvring the ribs was really useful. I have only recently completed my level 2 powerboat course, the more I get out in the rib the more confident I become. Karl gave me some excellent advice and tips to get better performance and quicker handling out of the rib. It was a great day to see what happens if you make a mistake and what could go wrong.....

The Plastic Pig is a bit of a beast and seems really quick because it is so close to the water. It's very different from driving the rib; I was relieved to get some practice before I had to use it to rescue someone.

Overall it was a very informative and useful day and we all benefitted from the sensible and constructive advice given to us by the instructors.

Sam can now actually remember how to tie a bowline! It's only taken about 5 years....ask him when you see him down the club and see if he still remembers!

All the best for this year's sailing.

Steve Heathfield



Introduction to Racing Report



Dragging teenagers out of bed to go for some race training is always a struggle: but as the day was bright and sunny, blasting the curtains across always helps to get them up.

On arrival at the club and after a strong cuppa we sat outside on what was turning out to be a fantastic day. We then discussed what we all wanted to achieve and learn from the day.

After covering rules, start sequence, different courses and general racing techniques we then wrote down what confused and baffled us all about a particular racing rule, after that is was time to get on the water.

There was a laser, two topper bytes a vision and a cat, shepherded by two safety boats. A very small course was then set to follow round. After a bit of race start practice and port starboard rule defining we had a short break for lunch and got down to some short races.

The wind had increase to about 12-14kts which made it a bit more exciting and with such a short course; we were getting very close together round the marks with plenty of shouting and course changing and a few very close encounters.

It was very surprising how much the tide effected race performance the laser was nearly last in one race but after some instruction on tide techniques jumped to second very quickly simply by judging the tide correctly.

The day finished by going over the list made in the morning. Overall it was an excellent days sailing with lots learned. Good instructors who had an easy style of teaching and lots of encouragement for those less used to racing. Thanks. Oh, by the way the sea water is slowly warming up! (Not)

Steve Heathfield

Letters:

Calshot S.C. Open Day Sun 16th May

You all know what a wonderful sailing club Calshot is, but each year we give the rest of the world the opportunity to find out, and to join our club. The day is called Open Day and is on 16th May this year.

So that we can show the Club in the best light, we put on sailing, a barbecue and refreshments. All this needs volunteers to help, and we look towards the members to help.

If you can help in any capacity, on the beach or welcoming visitors, then please contact me on colin.page@hp.com. Thank you in advance for any help you can offer.

Colin Page

OOD Training Feedback

I just wanted to send a quick thank you to Andy, Karl and Gary for the very informative OOD training on Saturday. I feel really confident to do my OOD days now. I thoroughly enjoyed the training - it was a great day.

Thank you for giving me the confidence.

Marianne Sewell



Membership Survey Feedback

This year's membership pack contained a membership survey with space for people to comment on the club. The following is a selection of the comments made by members with responses where appropriate:

We often have a lot of water left when racing ends.

Some boats have very long rudders or dagger boards so races are at the times of high tide. This leaves a lot of time after some races when there is still sufficient water for most of the club to sail with no problems.

Club boats poorly treated and looked after, no control of use so all smashed up (with parts missing).

OOD Training needs reinforcing – esp. course setting
OOD training is on 10th of April & will cover course setting. Unfortunately there is a lot to cover in one day so training can't be as in depth as we would like. In the past we have tried more than one day of OOD training a year but stopped this when in 2008 nobody turned up to the second day.

Dry area could be improved with comfy chairs.

We aim to improve all aspects of the club building and spent over £1000 last year. Improvements to the seating are planned for the near future.

Too much focus on racing in the club which is intimidating to those who are rusty or inexperienced in racing.

Most of the club's energy is directed towards junior training and events.

Frustrating to turn up to OOD races when others don't turn up to OOD.

Introduction of Adult training in 2009 was great. Please do more in 2010.

We have two of these days organised this year.

Can we please have more family events?

Yes, if we have more volunteers to run them and qualified volunteers to be on the water during them.

Please check that you have the correct email address as I have not seen a newsletter for 2 years.

We don't have your correct email address, just the one you put on your membership form! Last year almost 30% of the

club managed to give us the wrong email address or hadn't put an address on their membership forms at all.

Communication is generally good but sometimes need to be visiting the clubhouse regularly to find out about things or sign up for activities.

30% of the club don't appear to know their email address so smarter forms of communication are problematic. Also we want members to visit the club regularly.

Fans in the showers were running during the week. Should they be running?

Yes, hopefully it will keep the changing rooms dryer.

Good to see a great new website this year – would be good if the forums were a bit more active.

Friday Club was shorter this year, not as many sessions.

There were 6 sessions this year instead of 10 because in the past attendance has fallen steeply once the school summer holidays arrived. Last year we replaced the last 4 Friday clubs with supervised evening sailing sessions which were open to anyone and would have coaching available.

Only concern is that during racing safety boat should be manned and out on the water, not tied up.

The club safety policy states "The club will have a minimum of one safety boat on the water during each organised sailing event." Ideally it should be manned but with all the jobs OOD's have to do and the number who don't turn up this isn't always possible.

The Showers in ladies are not very powerful & often cold if you are late in.

The heating system is limited by space and lack of gas supply. This means we have to use an electrically heated hot water tank. As hot water leaves this tank it is replaced by cold so temperature drops quickly. We have a single electric shower in the disabled/family changing room which is always hot and anyone can use.

One toilet for ladies is not sufficient.

The ladies have access to 3 toilets, 1 in the ladies changing rooms, 1 in the disabled/family changing room & 1 outside at the end of the clubhouse. The outside toilet has not been used much in the past because members forgot to unlock it. We have now removed the lock so it will always be open for use (don't worry it still has a bolt on the inside).