



## Editors Column

Welcome to a new look single page edition of the Calshot Times. This is being sent out to publicise the many different activities we have coming up very soon.

The new look mimics the new website which is now up and running. As well as looking for articles for the newsletter we are now looking for articles for the website & people to help in maintaining it.

### Coming Soon

**27th-31<sup>st</sup> August**  
**Camping "Week"**

**3<sup>rd</sup> of July Onwards**  
**Open Sailing & Coaching**  
**Evenings**

**6<sup>th</sup> September**  
**Introduction to Racing**

## Introduction to Racing

**Sunday 6<sup>th</sup> September**

Introduction to racing is a day aimed at all those who can sail and have not tried racing or have only done a few races. We aim to start with the basics of the start & flags and then move on to how to get around the course without any problems or collision and see where we can go from there.

People can sail solo or in two handed boats and it's an opportunity for those who usually crew to have a go at helming in a race in more controlled conditions.

There is no limit on the number of people who can attend but it would be helpful to have an idea of numbers in advance. Also we do need to know if you want to hire a club boat for the day. Email [calshottimes@aol.com](mailto:calshottimes@aol.com) if you are interested.

## Camping Week

**27<sup>th</sup>-31<sup>st</sup> August**

**Calshot Summer Camping Weekend is approaching.**

There will be on and off water activities for all, camping is arranged at the club. The draft programme is printed at the back of the newsletter.

## Open Sailing and Coaching Evenings

**Check the program on the website for dates**

After the end of the Friday Club we started running alternate evenings of Open Sailing. Open to all young or old, regardless of ability. On these evenings the club provides a safety boat with qualified crew for safety cover & coaching if people want it.

So far we have seen around 9 or 10 members each evening come along to practice or just enjoy a summers evening on the water.

## Sailing Programme Update

The updated sailing programme has been posted on the website & in the club house, members should check their OOD duty dates against the new programme as the programme sent out at the beginning of the year did not have a complete set of names for all dates.



## Commodore's Column

Thanks to everyone who took part in our recent RNLI Pennant series of races & to all those who donated to the RNLI. The club Raised £60 for a very worthwhile cause.

## SECURITY, a reminder

Unlocked gates invite opportunist theft and insurance companies will not consider a claim unless there is evidence of forcible entry. All the gates must be locked when there is no-one in the Club. The last person to leave the premises must lock up, even if there is a boat still out on the water; so if you go out sailing, always take a key with you to avoid the risk of being locked out on return.

## Camping Week

The programme of events is shown at the end of the newsletter. As usual there will be a mix of on water and land activities (including eating and drinking!). All members are welcome to join in with as much or as little as they wish but the more the merrier!



This year the tides fall late or early in the day so it means there's quite a lot of non sailing time to fill, I have tried to produce a programme which is interesting and exciting but due to the amount of non sailing time there are 3 events which incur a small charge. These are:

1. Rock Climbing at Calshot Activities Centre (Friday 28<sup>th</sup>)
2. Cycling on the Velodrome at Calshot Activities Centre (Friday 28<sup>th</sup>)
3. Rib Cruise to the IOW (Saturday 29<sup>th</sup>)

Note - For the Rock Climbing and Cycling these events are being run by Activity Centre staff (with all required equipment provided) and as such are subject to the rules applied by the Centre. The prices shown on the programme are assuming the course is full and are based on groups of 10. If more than 10 persons are wishing to take part we will try and fill a second course and do our very best to ensure the costs are as quoted on the programme. For the Rib Cruise the charge will be only that required to cover the cost of fuel.

For these 3 events I am keen to establish numbers in advance in order to ensure their smooth running, accordingly there will be sheets in the Clubhouse on the Noticeboard from this weekend where you can register

your interest to take part, I would kindly ask that you do this before Monday 24<sup>th</sup> August. We will try and accommodate as many people as possible but if these are oversubscribed they will be offered on a first come/first served basis.

As usual we will be camping opposite the club for the nights of Thurs/Fri/Sat/Sun and a number of you have already expressed an interest in this. I need to give the Activity Centre an indication of how many Tents/Caravans/Campers and persons will be camping by Friday 21<sup>st</sup> August so would kindly ask that you (if you haven't already) either put your details on the camping poster on the Clubhouse notice board or let me have your details ASAP by responding to this email. The information I require is: Name, Contact Tel, Type of Accommodation (e.g. Tent), Number of persons (e.g. 2 adults / 3 children) and how many/which nights.

*Barry Oliver*

## Supervised Children

After several incidents where children have been left at the club unsupervised the committee would like to remind all parents of club policy regarding supervising children.

Children are the responsibility of their parents, guardians or a designated adult who has accepted responsibility for that child. The club & it's members accept no responsibility for childcare so if a child is at the club it must have a parent or guardian with it at the club or that parent/guardian must have made arrangements for another adult to supervise their child.

The level of supervision required obviously varies with age & older children and teenagers require far less direct supervision than small children. We would ask people to remember that rigged dinghies, outboard engines & fuel can make the sailing club a dangerous place before even considering a beach with no lifeguard.

We also recommend that people do not walk barefoot in the compound (due to the amount of sharp metal and fibreglass deposited on the ground during repairs over the years) and people do not swim between the groynes either side of the slipway.



## Racing Report



2009 has been a much better year for the club than many expected. The recession didn't produce the drop in memberships which was feared at last year's AGM & the summer weather doesn't seem to have put too many people off sailing.

We have had so many extra activities this year, Friday club, Supervised sailing, Adult Coaching, Powerboat courses etc that it is easy to forget that the club does racing. Never the less turn outs for this year's races are up on 2008.

A quick look at the results on the new website appears to show a two horse race this year with either Dave Poupard & Rachel Hughes or Adam Byford winning everything so congratulations should go to Kevin Audoire for squeezing in and being the only other person to win a series so far. A look at who has actually won races shows things a bit differently:

Dave Poupard & Rachel Hughes	25
Adam Byford	16
Andy Sutton	5
Paul Rapson	2
Richard Brooks	2
Roger James & Barry Oliver or Pam James	2
Elaine White	2
Aiden Heathfield	1
Colin Snook & A Revitt	1
Jerry Stanley	1
Alan Boulton	1
Chris Wood	1
Gary Milne & Craig Milne	1
Uwe Nitsche & Renata Zabel	1
Simon Audoire	1
Colin Page	1
Alex Shimmell	1
Steve & Lynn Worf	1

So whilst very few people are winning series there are plenty other club members capable of winning races & Dave and Adam aren't getting it all their own way.

It's also good to see so many members coming down and sailing during racing. Many people have thought in the past that they would be getting in the way if they went sailing during racing, this isn't the case & the safety boat is on the water during racing for every member's

safety so race times are actually the perfect times to come along and practice, sail or watch.

## RYA Safety Boat Course Report



During two days of the May Bank holiday weekend 5 club members took part in an RYA Safety Boat Course. The course started by checking our boat handling skills with some simple tests like, crashing into the dock, running over the remarkable rubber like mock casualty etc. It didn't bode well for later as we were told we would have to practice by rescuing each other.

Things quickly progressed and soon we were swooping into the rescue honing our skills on Toppers, Pico's and windsurfers, even if they didn't want to be saved we just pushed them in and saved them anyway, particular thanks to Georgie and all the other kids – sorry.

With our new found confidence, but with a little trepidation we set about the fully inverted catamaran rescue. Neil, Andy and Adam sailed Neil's cat out to the Dolphin and duly did the business by inverting it. This is where the fun started with a screaming ebb tide and three people in the water holding on to the boat there was no way it was coming up. Eventually, however, after dragging it half way to Lepe and with some deft casualty and boat management skills we got it righted (note to self, never ever buy a catamaran).

Other highlights were the disintegrating Optimist, which was more like a clown's car and the mass Pico rescue which tested our situation awareness, prioritisation, casualty assessment, and of course acting skills. Though Karl's reverse somersault, after slipping off the Vision's dagger board scored nil point, as the others were too weak with laughter to vote.

At the end of the course we are pleased to announce the following members are now fully ~~certified~~ qualified RYA Safety Boat Drivers:

Karl Boulton  
Adam Byford  
Neil Johnson  
Rick Nash  
Andy Sutton

*Karl Boulton*



## Lymmington Long Distance Race Report



We all arrived at Calshot on the morning of Sat 20th for the long distance race but the wind didn't. We watched from the club house as the Round the Island fleet struggled to get away from Cowes. At the planned start time of 10am the only thing moving was the water, although thankfully, at least it was heading towards Lymmington. Actually it was moving too quickly for my liking. I launched early, then struggled (paddling with dagger-board occasionally) to get back to the start-line. Soon after 1030 we all drifted off with the sensible ones heading for mid-channel whilst the Vortex and a couple of cats followed a band of wind towards the shore. This short term gain turned into long term disaster as those who'd picked up the favourable tide also got some nice wind round Lepe Point and sailed off into the distance.

Some close racing was to be had though as the Vortex crossed tacks with a Dart 16 from Lepe Point all the way to the finish at the Lymmington Race Tower. By this point the wind had built steadily to marginal trapezing conditions under blue skies.

After dodging the ferries, yachts and shallows of the river we pulled our boats up onto the mud outside the LTSC - furtively glancing around for any approaching Harbourmaster before disappearing into the sailing club for hot showers and a nice lunch. Most ate well on the balcony, with the notable exception of a rather green Vortex sailor who seemed to exhibit signs of seasickness (yawning, burping, groaning and occasionally going for a lie down) although even he managed 2 pots of tea and a nice slice of raspberry cheese-cake.

Prior to re-launch we were reliably informed (by Dave) that the wind was now 13 to 18 KT (SW'ly), and with the skies still blue the journey home promised some champagne sailing. The re-start was between the rescue ribs (those who attended the adult training session a couple of weeks ago will be interested to know that it was a heavily port biased line), then upwind round the Lymmington Race Tower. Most tacked upwind straight from the start line to the tower, but the Dart 16 took the opportunity to practice their man-over-board-drill on the way.

There was some great sailing on the way back with plenty of hooning around on broad reaches. Some weed just west of Lepe Point proved problematic for some... Dave and Rachel went for a swim whilst trying to clear weed off the rudder, and the Vortex jockey went for a swim whilst trying to avoid Josh and Mike on starboard tack in the visiting ISO. Not sure what happened to John and Alex in the Dart 18 as they had (yet again) disappeared off into the distance.

A fast leg back to Calshot meant that the tide was still rather low on arrival. Mike and Josh hit the shallow water at full speed, then promptly stopped and fell over, followed by what sounded suspiciously like swearing and abuse although maybe it was just the wind whistling through my rigging making sounds like 'clucking bell'. The capsize recovery of the ISO was not straightforward as they were only standing in knee deep water and this seemed to make the task trickier (and the swearing worse). After seeing how shallow the water was the Vortexer decided that as he wanted to keep the transom attached to his boat he would be better off removing all foils and walking the remaining couple of hundred metres.

The Kestrel took the handicap honours, followed by Dave and Rachel in the ISO.

Many thanks to the OODs for organising a great day out.

*Jim (Vortex 1152)*

1<sup>st</sup> Steve & Lynne Worf  
2<sup>nd</sup> Dave Poupard & Rachel Hughes



## Topper Grand Prix Report

The topper grand prix was a mini series of races which were held before the topper open, this had a turnout of 6 juniors and 4 reasonably big adults all in toppers. From a competitors view this was extremely funny, some adults couldn't even get to the windward mark (you know who you are). The Course launch sail around the square then the first back to the beach, not to hard you think. But some adults found irons pretty good for going backwards.



From a spectators view (parents) "watching the adults pitch poling down the run and forgetting kickers upwind was highly entertaining at times it didn't look like they were actually sailing more like swimming!!!!!!"

It was a great day and should be done again

*Simon Audoire*

## RYA Level 2 Powerboat Course Report



I was one of five people who attended the RYA Level 2 Powerboat course organised by CSC on the last weekend in February. Despite the time of year the sun shone and the weather was mild. It was a joy to get back out on the water after the winter.

I had decided to attend the course because although I have been a club member since 2000 I have never felt completely confident driving the rib. I felt that it was about time that changed! The RYA course built on the skills I had learned during previous CSC Safety Boat Training sessions, but it allowed more time to practice them whilst adding additional boat handling skills.

We were lucky to have two instructors from Calshot Activity Centre who were both friendly and knowledgeable. We used both the CSC ribs. On the first day we improved our boat handling skills with lots of exercises on the water around the Activity Centre. We practiced coming along side other boats and fixed moorings. We finished the day with a land based session involving plotting a journey to Hamble. On the second day we practiced our newfound pilotage skills by completing this journey. Once at Hamble we were able to practice mooring in confined spaces with a strong flowing tide.

The balance between time spent on the water and theory was good, with sufficient time allowed for both. The theory sessions were incorporated at the start and end of the day (and after a full day on the water it also offered the chance to sit with a much needed hot drink and snack).

I enjoyed the weekend and would recommend it to anyone wanting to improve their power boat skills and gain a qualification. The level 2 award is the minimum requirement for any rib driver at Friday Club or other club training sessions involving the juniors.

*The course covers all the skills needed for basic competence including:*

*Types of Craft (including engines & drives)*

*Boat Controls*

*Boat Handling*

*Turning*

*Coming Alongside*

*Leaving*

*Mooring Buoys*

*Anchoring*

*Towing*

*Man overboard*

*Charts*

*Passage planning and pilotage*

*Collision regulations, day shapes & lights, summoning assistance, weather*

*Elaine White*



## The Ancient Mariner's Column

### Sea Breezes

"The forecast was for light north westerly, but it's a fresh south westerly -they got it wrong again". Well not necessarily Wind and weather can be quite local so for coastal wind the TV national forecast is useless and even the regional forecast may need some qualification.

The principal effect in the summer is the sea breeze. The forecast wind is the general (synoptic) wind but on hot days a sea breeze (diurnal) wind will be superimposed. On a south facing coast this will be generally southerly, anything from SW to SE. So on a hot day a light northerly will tend to die away towards mid day and a southerly to spring up an hour or two after, later dying away and returning to northerly towards sunset.

A moderate or fresh northerly tends to veer easterly and freshen and a north westerly to back west or southwest and freshen. A southerly (SE through S to SW or W) on a hot day tends to freshen, reaching a maximum mid or late afternoon, and then ease towards sunset; an easterly often tends to veer southerly and a westerly to back. An evening land breeze sometimes occurs when the synoptic wind is very light, but this is seldom significant.

A disappointing local effect which sometimes occurs with a light to moderate Se wind is a sea mist coming in from the Channel: this can make the Solent shore quite chilly when it is warm and sunny a few miles inland. This occurs when there is fog or mist in the Channel and is unlikely to be mentioned on regional land forecasts, another reason for consulting the shipping or coastal forecast - this is available on the web or can be seen on TV text, the text on channel 3 digital is satisfactory but on BBC channel 2 does not include coastal; analogue ch 3 teletext p153 regional, 157 shipping and 158 coastal is better laid out, or ch 2 ceefax p 402 regional and coastal.

Finally never go out on your own without first consulting the coastal or shipping forecast - and the tide tables.

*The Ancient Mariner*

## Topper Open Race Report

On Sunday 26<sup>th</sup> July Calshot Sailing Club hosted Round 9 of the Topper Open Southern Traveller Series. The event attracted some 28 competitors from all over the South including several members of the Topper National squad and one who had travelled overnight from Austria after competing in and gaining second place at the world Championships.



With blustery force 5 south-westerly wind over a confused sea, conditions were somewhat challenging for the youngsters resulting in some very exciting sailing and close racing. Throughout the day a full 3 race series was successfully completed with the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place taken by visitors Oliver Marshall, Mathew Hall & Tobias Homer.



With such an elite field it was always going to be difficult for the local Calshot juniors to shine through, but they didn't disappoint, with Karen Thomas, Alan Boulton and Aiden Heathfield finishing 6<sup>th</sup> 10<sup>th</sup> and 11<sup>th</sup> respectively.

Calshot Sailing Club would like to thank the following sponsors for their support in making the event possible: Exxon Mobile, Kings Volvo and Renegade Ribs.



*Alan Boulton*



## Club Notices:

These notices are placed on the club website forums to reply to any or post your own you can visit the forums at:

<http://www.calshot-sailing.co.uk/forum/>

## OOD Swaps

Hi all,

I am set for a duty on Sat 10th October, but will now be away during that period due to other commitments.

Can anybody swap with me?

I am definitely available on the following dates:

Sat 22nd August

Sun 18th October

I am totally inexperienced as I only just joined the club, and the first couple of times I turned up for OOD nobody came to race, so I must be paired with an experienced member.

Cheers,

Alan Davis.

## For Sale/Wanted

I am looking to buy a combination trailer road base suitable for carriage of a Laser, preferably a wide wheel base version ie. allows the launching trolley wheels to ride inside the road wheels. So if anyone has one for sale please let me know. If not prohibitively expensive I would also consider a double boat stacking trailer.

Alternatively if I can't find one to buy if anyone has one I could borrow to take on holiday for the first two weeks in August it would be most appreciated.

Cheers Karl B.

## Crew Offered/Wanted

Hello. Am new to club and sailing and am in need of some experience. so anyone in need of crew please get in touch. Many thanks

Nigel.

## Adult Coaching Day Report (7th June)



An adult training day was held on 7th June in response to popular demand. Nine people paid £15 for a full day's coaching, exceptionally good value for money. The coach, Brett Cokayne, is an Olympic training coach and was ably assisted by the organiser Andy Sutton.

The boats included Lasers, Vortex, Byte and RS Vario and the levels of ability ranged from very proficient down to me at the bottom end! The main thing though was that there was something for everyone and we all came ashore having thoroughly enjoyed our day on the water and having learned a lot.

The morning started with an initial briefing session. Conditions in the morning were glorious, so when we took to the water it was almost perfect conditions for going round a course set by Brett to give us all practice in various aspects of boat handling and trim. As we went round, our best and worst endeavours were captured by Brett on video from a rib. He and Andy were more than willing to stay with each of us for a while, coaching us out of our worst excesses! The video was played back at the end of the day and bribery was not sufficient to persuade Brett to destroy the evidence.

We came ashore for lunch, and in the afternoon we went out again. The wind and waves had picked up a bit, and the conditions were a little more challenging, particularly with the sky being more grey.

We did about 10 practise starts on a 3-minute countdown. To begin with many of us were very line-shy; by the end we were luffing each other over the line!

Thanks to Andy Sutton for organising the day, and the club for providing support including use of the powerboat.

There will be some more adult sailing training in August, and I would recommend it, it was a very interesting and enjoyable day, with the opportunity to ask lots of questions that you may have as well as an opportunity for you to meet fellow members.

*By John Tubman & Rachel Hughes*



## Adult Training Day Report (2<sup>nd</sup> August)

Due to the positive reaction and further interest from the adult training session held earlier in the year, a second session was arranged for the 2<sup>nd</sup> August. This session also covered coaching for a wider range of experience and skills and so was split into Sailing and Racing groups. Each group was well attended with around 7 in each. I've been a member of Calshot Sailing Club for 2 years now and have sailed on and off for a few years before that. I've never raced though, but despite this I was put in the racing group, and with Andy's endorsement of "You'll be alright" buoying me up, I was ready to give it a go.

The day started with a follow the leader session, a good way of putting you through your paces. Tacks and gybes came quickly one after the other, with changes in speed making it all the more interesting. My turn came to be at the lead and I doubt I've ever done so many gybes in a few minutes as I did then. It was certainly a good way to practice something that in a normal days sailing is often only done a handful of times. Knowing that it was all being videoed for later discussion made you think about what you were doing.

For me it was great experience to be able to watch how more experienced racing sailors did manoeuvres and trimmed the sail and boat as we were all so close together over a long period doing the same things one after the other. Hopefully everyone else gained knowledge just by comparing, watching and practicing.

After a short break and briefing we went back out for some short races. The briefing concentrated on the start line - how to determine the best position and how to get there and be ready for the start. Slowing down was one of the key points here so that you were close to the line.

By about 1.00pm the water was low so we'd all had to come in and so had a chance to watch both ourselves and some other video clips. Watching the videos and comparing to my experience earlier in the day on the water made the advice much clearer.

I felt the session was great experience and learning and hope that when you read this you'll also think about taking advantage of these opportunities in the future.

*Neil Weeks*

## Adult Training Report

### *"A Week Later - A Girls Eye View"*

It's a week later and I am looking around the club boat park. I see before me Verity all dressed up in her sailing gear looking happy and confident as she waves me a cheery goodbye. A moment later she has gone off happily alone in a boat.

Jeremy then walks by. He is looking confident as he walks smoothly past pulling along the club Pico. He has just been out and has had a good sail.

Geoff, my husband, stands by my side looking very pleased. He has just completed his first race – he tells me he thoroughly enjoyed it and can't wait to go again.

As for me, well I am happy. I successfully went out on my own, without capsizing and enjoyed the sun and the gentle lap of the waves.

This brings me back to a week ago, Sunday 2<sup>nd</sup> Aug, when six of us including Kevin and Darren went out for a mornings training with a RYA coach, Josh. He was far younger than us, and yes far better, but I am sure he made us a lot more confident sailors by the end.

All six of us were roughly the same level -been out once or twice on our own and some had level 1 and some level 2. I think we all expected the worst but instead felt so much better at the end!

Josh drew out for us a couple of simple courses designed to get us successfully reaching and then later a triangular course and a short practise at coming alongside a boat. The wind was lightish and the weather was warm and although there were a few capsizes we all took it in good humour and Josh was there to tell us where we went wrong in a clear kind way. A briefing at the end also helped to re-iterate everything.

The morning was a great success and I am sure we would all agree that it was worth the £15 each. It has set us up well for the future and gave us the confidence we need to try out the techniques we learnt. Training is fun and we cannot wait for some more!

*Gillie Houghton*



## Calshot Sailing Club

Family Fun Weekend 27<sup>th</sup> - 31<sup>st</sup> August 2009

- Outline Programme -



Please Note - Timings / Activities are very approximate and are likely to change

Date / Time	Activity	Further Info
<b>Thursday 27<sup>th</sup></b> (High Water 16:30)		
<b>PM</b>	(12.00 onwards) - Those camping can arrive and set up	
	(14.00 - 18.00) - RYA Training (as per list held by Andy Sutton)	Safety Boat Cover provided
	(15.00 - 17.00) - Free time for water activities	Safety Boat Cover provided
<b>EVE</b>	(19.00) - Fish & Chip Supper	
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<b>Friday 28<sup>th</sup></b> (High Water 17:15)		
<b>AM</b>	(11.00 - 13.00) - Rock Climbing @ CAC (Coached session)	Note - £8.00 per person change (limited to 10 places)
	(11.00 - 13.00) - Cycling on the Velodrome @ CAC (Coached session)	Note - £9.00 per person change (limited to 10 places)
<b>PM</b>	(13.00) - Lunch	
	(14.00 - 18.00) - RYA Training (as per list held by Andy Sutton)	Safety Boat Cover provided
	(15.00 - 17.00) - Free time for water activities	Safety Boat Cover provided
	(18.00 - 21.00) - Club Sailing / Coaching	Safety Boat Cover provided
<b>EVE</b>	(19.00) - Take Away (Chinese)	
	(20.00 onwards) - Movie Night @ CSC	
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<b>Saturday 29<sup>th</sup></b> (High Water 18:40)		
<b>AM</b>	(09.00) - Breakfast Barbeque	
<b>AM</b>	(10.30 - 15.00) - Rib Cruise to IOW (to include a light lunch ashore)	Note - Small charge to cover cost of fuel
	(17.30) - Club Racing (Calshot Decanter 5)	Safety Boat Cover provided
	(19.00) - Barbeque	
	(19.00 - 21.00) - Pillow Wars Game (small contribution required as hired in)	Note - Small charge to cover cost of hire
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<b>Sunday 30<sup>th</sup></b> (High Water 07:47)		
<b>AM</b>	(10.00) - Club Cruise	Safety Boat Cover provided
<b>PM</b>	(12.30) - Lunch	
<b>AM</b>	(14.00 - 17.00) - Field Games / Forest Walk	
	(17.00 - 19.00) - Free time for water activities	Safety Boat Cover provided
	(20.00 onwards) - Quiz Evening	
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<b>Monday 31<sup>st</sup></b> (High Water 09:10)		
	(10.00) - Club Racing (Flint Pot 4)	Safety Boat Cover provided
	(11.00 - 12.30) - Free time for water activities	Safety Boat Cover provided
	(13.00) - Barbeque	
	(15.00) - Pack away camp and depart	