


Starting Instructions

Check that the starting watch is correctly set - 5 minute timer then count up


5 minutes to Start

↑  + 1 sound signal - start timer


4 Minutes to Start

↑  + 1 sound signal

1 Minute to start


↓  + 1 sound signal

Start

↓  + 1 sound signal


If boats over line at start signal either:

individual recall

↑  + 1 sound signal

or

general recall

↑  + 2 sound signals


Lower Individual recall when boat(s) have returned and re-started

On general recall wait for all boats to return, lower flag (with 1 sound signal), recommence start sequence 1 minute later

Finishing Instructions

Finish boats after required laps or 45min - 1 hour

Just before 1st boat finishes


↑  + 1 sound signal

Record times when boats reach the line

Note on race sheet which boats retired or did not start

Other Signals

Race Abandoned

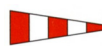
↑  + 3 sound signals

Use this if start sequence messed up - when ready to restart lower flag with 1 sound signal, recommence start sequence 1 minute later

All Races Abandoned - no more racing

↑  + ↑  + 3 sound signals

Race Postponed



↑  + 2 sound signals

When ready, lower flag with 1 sound, start sequence commences 1 minute later

TIMER

Timer mode provides a countdown timer with alert. Press MODE repeatedly until TIMER appears.

To set countdown time:

- 1) Press and hold RESET/ADJUST. Seconds flash. Press START/STOP to change seconds; hold button to scan values.
- 2) Press MODE. Minutes flash. Press START/STOP to change minutes.
- 3) Press MODE. Hours flash. Press START/STOP to change hours.
- 4) Press LAP/NEXT, at any step, to select action at end of countdown, repeat  or count up .
- 5) Press RESET/ADJUST, at any step, when done setting.

To start timer, press START/STOP.

To pause countdown, press START/STOP. To resume countdown, press START/STOP, or to reset countdown, press LAP/NEXT when timer is stopped.

Watch beeps when countdown ends (timer reaches zero). Press any button to silence. If no button is pressed, alert will sound for 20 seconds. If timer was set to repeat, timer repeats countdown indefinitely. Otherwise, it begins counting up.

Timer continues to run if you exit mode.